



LACEUP SOCCER

Soccer Tryout & Player Evaluation Form

5-level scale, ready to print. Complete for outfield players.

FIELD PLAYER



SCAN TO START FREE

PLAYER NAME	AGE GROUP (U6-U19)	DATE	EVALUATOR / COACH	CLUB / TEAM

SCALE 1 Emerging 2 Developing 3 Competent 4 Proficient 5 Advanced

Circle one per skill - 29 skills

BENCHMARK TO AGE: score each skill against what is typical for a player in this age group, not the whole club. For age-specific benchmarks, score in LaceUp.

PSYCHOLOGICAL

CORE

Confidence & Bravery	(1) (2) (3) (4) (5)
Focus & Concentration	(1) (2) (3) (4) (5)
Composure Under Pressure	(1) (2) (3) (4) (5)
Effort & Competitiveness	(1) (2) (3) (4) (5)

CHARACTER

CORE

Work Ethic	(1) (2) (3) (4) (5)
Coachability	(1) (2) (3) (4) (5)
Teamwork & Communication	(1) (2) (3) (4) (5)
Leadership	(1) (2) (3) (4) (5)

TECHNICAL

Dribbling	(1) (2) (3) (4) (5)
Ball Mastery	(1) (2) (3) (4) (5)
Receiving & First Touch	(1) (2) (3) (4) (5)
Short Passing	(1) (2) (3) (4) (5)
Long Passing & Distribution	(1) (2) (3) (4) (5)
Shooting & Finishing	(1) (2) (3) (4) (5)
Heading	(1) (2) (3) (4) (5)
Crossing & Delivery	(1) (2) (3) (4) (5)
1v1 Attacking	(1) (2) (3) (4) (5)
1v1 Defending	(1) (2) (3) (4) (5)

TACTICAL

Positioning & Spatial Awareness	(1) (2) (3) (4) (5)
Decision Making	(1) (2) (3) (4) (5)
Attacking Support & Movement	(1) (2) (3) (4) (5)
Defending as a Unit	(1) (2) (3) (4) (5)
Transition Play	(1) (2) (3) (4) (5)
Game Knowledge & Rules	(1) (2) (3) (4) (5)
Use of Width & Depth	(1) (2) (3) (4) (5)

PHYSICAL

Speed & Acceleration	(1) (2) (3) (4) (5)
Agility & Change of Direction	(1) (2) (3) (4) (5)
Endurance & Work Rate	(1) (2) (3) (4) (5)
Balance & Coordination	(1) (2) (3) (4) (5)

OVERALL READ & NEXT STEP

TOP 2 STRENGTHS

ONE THING TO WORK ON NEXT

RECOMMENDATION (Select / Waitlist / Pass | team placement)

Want these scored for you, with a plan? Score the same skills in LaceUp and get an AI development plan in plain English, the one thing each player should work on next, and progress tracked season over season. First evaluation per player is free, no credit card. Scan the code or go to laceupsoccer.com.



LACEUP SOCCER

Soccer Tryout & Player Evaluation Form

5-level scale, ready to print. Complete for goalkeepers.

GOALKEEPER



SCAN TO START FREE

PLAYER NAME	AGE GROUP (U6-U19)	DATE	EVALUATOR / COACH	CLUB / TEAM
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SCALE 1 Emerging 2 Developing 3 Competent 4 Proficient 5 Advanced

Circle one per skill - 27 skills

BENCHMARK TO AGE: score each skill against what is typical for a player in [this age group](#), not the whole club. For age-specific benchmarks, score in LaceUp.

PSYCHOLOGICAL

CORE

Confidence & Bravery	(1) (2) (3) (4) (5)
Focus & Concentration	(1) (2) (3) (4) (5)
Composure Under Pressure	(1) (2) (3) (4) (5)
Effort & Competitiveness	(1) (2) (3) (4) (5)

CHARACTER

CORE

Work Ethic	(1) (2) (3) (4) (5)
Coachability	(1) (2) (3) (4) (5)
Teamwork & Communication	(1) (2) (3) (4) (5)
Leadership	(1) (2) (3) (4) (5)

GK TECHNICAL

Catching & Handling	(1) (2) (3) (4) (5)
Footwork & Set Position	(1) (2) (3) (4) (5)
Distribution by Hand	(1) (2) (3) (4) (5)
Distribution by Foot	(1) (2) (3) (4) (5)
Diving Saves	(1) (2) (3) (4) (5)
Dealing with Crosses	(1) (2) (3) (4) (5)

GK TACTICAL

Angles & Positioning	(1) (2) (3) (4) (5)
Command of the Box	(1) (2) (3) (4) (5)
1v1 Decision-Making	(1) (2) (3) (4) (5)
Distribution Decisions	(1) (2) (3) (4) (5)
Defensive Organization	(1) (2) (3) (4) (5)

GK PHYSICAL

Lateral Quickness	(1) (2) (3) (4) (5)
Reaction & Reflex	(1) (2) (3) (4) (5)
Agility & Ground Recovery	(1) (2) (3) (4) (5)
Jumping & Reach	(1) (2) (3) (4) (5)

GK MENTAL

Concentration	(1) (2) (3) (4) (5)
Composure After Errors	(1) (2) (3) (4) (5)
Vocal Communication	(1) (2) (3) (4) (5)
Game Reading	(1) (2) (3) (4) (5)

OVERALL READ & NEXT STEP

TOP 2 STRENGTHS

ONE THING TO WORK ON NEXT

RECOMMENDATION (Select / Waitlist / Pass
| team placement)

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